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### **Current Positions**

- *Clinical Assistant Professor*, New York University School of Medicine
- *Director*, GME Wellness Team at NYU
- *Private Practice*, Solstice Psychiatric Consulting, P.C., Manhattan

### **Speaking & Teaching Highlights**

- New York University, New York, NY
  - "Smoking & The Brain: The Hidden Secrets," Jan 2007 (Student Health)
  - "Medical Ethics & Informed Consent: A Guide for Researchers," Jan 2007
  - "The Power of Placebo: Is the Mind-Body Connection that Strong?" Nov 2006
  - "The Slacker's Guide to Depression," Sep 2006- (ongoing bimonthly series)
- Genesys Learning Institute, Grand Blanc, MI
  - "Everything You Need to Know about Adult ADHD," Jan 2007
- Vanderbilt University School of Medicine, Nashville, TN
  - "In Defense of Psychiatry: A Rebuttal to Tom Cruise," Sep 2005
  - "Healthcare 101: Show me the Money!" Grand Rounds presentation, 2004
- The Art and Craft of Screenwriting, Belmont University, Nashville, TN
  - "The Science Behind the Psyche: Using Psychology in Character Development," recurring series in the course by Dyann Rivkin, 2002-2005
- Panel Moderator:
  - *Student Rights Conference*, panel moderator, 2005
  - *Civil Liberties in the Time of Terrorism*, panel moderator following the documentary film, *Unconstitutional*, 2004
  - *Racial Tension after September 11*, panel moderator

### **Publication Highlights**

- Thakkar VG and Adler LA. *Depression and ADHD: What you need to know*. Medscape Psychiatry & Mental Health: ADHD Expert Column Series (<http://www.medscape.com/viewarticle/549018>); 2006.
- Thakkar VG. *Depression and bipolar disorder*. New York: Chelsea House; 2006.
- Thakkar VG. *Addictions*. New York: Chelsea House; 2006.
- Thakkar VG. Psychiatry. In Talreja DR, Talreja RR, Talreja RS, Eds. *Internal Medicine Peripheral Brain*. New York: Lippincott, Williams, and Wilkins; 2005: 807-832.
- Thakkar VG. *Powerbars and Business Cards*, Dish Magazine 20 (2002), [http://www.dishmag.com/archives/0102\\_i20/musicfilm/mus15-p1.html](http://www.dishmag.com/archives/0102_i20/musicfilm/mus15-p1.html) (accessed June 13, 2006).
- Thakkar VG. *Crossing Paths with Royalty*, Masala Magazine [no longer available online]; 1997.

## **Press**

- Televised Interviews:
  - on-camera interviews as psychiatric expert on the *Today* show, WNBC (New York), *Inside Edition*, *Access Hollywood*, *Extra*, and WSMV and WZTV (Nashville, TN)
  - available to view: [www.youtube.com/vgtmd](http://www.youtube.com/vgtmd)
- Print Interviews:
  - numerous publications such as *The New York Times*, *The New York Daily News*, *The New York Post*, *The Tennessean*, the *Nashville City Paper*, the *Vanderbilt House Organ*, *All the Rage*, and *India Abroad*

## **Creative Projects**

- Fortitude
  - portraits capturing the courage and strength of cancer survivors
  - exhibited: Vanderbilt-Ingram Cancer Center, Nashville, TN (on permanent display)
- Helen of Troy
  - photo exhibit: J&J's Market & Café, Nashville, TN, March 2002
- Ravaged, 2001
  - 53" featurette—a fictional love story about a man with post-traumatic stress disorder (PTSD)
  - written, directed, and produced by Vatsal G. Thakkar
  - 7 public screenings between 2001-2005
- The Death of Jack
  - photo exhibit: shown three times at venues in Nashville, TN, 1999-2000

## **Former Positions & Honors**

- *Medical Director*, Vanderbilt Mental Health Center
- *Media Consultant & Contact* for Vanderbilt University Dept. of Psychiatry
- *Course Director*, Introduction to Clinical Psychiatry, Vanderbilt University School of Medicine (2<sup>nd</sup>-year medical students)
- *Psychiatric Consultant* to Vanderbilt University Medical Center, Physician Wellness and Employee Assistance Programs
- *Vice President*, India Association of Nashville
- *Faculty Advisor*, Vanderbilt University, Psychiatry Student Interest Group and Asian/Pacific-American Medical Student Association
- Regional finalist for the White House Fellowship, 2003

*all citations, sources, and references available upon request  
full curriculum vitae available upon request*